

19TH ANNUAL

STAND UP FOR A BRIGHTER TOMORROW

A Behavioral Health Conference
on the
Emotional Well-being of
Children and Adolescents



WHEN: April 6, 2018

WHERE: Ramada Inn Hotel &
Conference Center
Paintsville, KY

TIME: 8:15 am—3:15 pm

Registration available online @
www.mtcomp.org

This conference is hosted by
Mountain Comprehensive Care Center's
Healing Program for Survivors of
Sexual Assault & Domestic Violence
& SED Programs

Funded in whole or part with public funds.
Additional funding is provided by
Families First.

AUDIENCE

This Conference will benefit profes-
sionals, parents and others interested
in
increasing their knowledge about sexual
assault/domestic violence and emotional
and/or behavioral disorders found in
children.

*"Never doubt that a handful of com-
mitted people can change the world.
It is indeed the only thing that ever
really has."*

Ms. Margaret Meade

AGENDA

Registration	8:15am - 9:00am
Opening Remarks	8:45am - 9:00am
1st Session	9:00am - 10:30am
Break	10:30am - 10:45am
2nd Session	10:45am - 12:15pm
Lunch	12:15pm - 1:45pm
3rd Session	1:45pm - 3:15pm

Important Things to Remember

- There is no registration fee to attend the conference and there is no charge for continuing education credits.
- A free buffet lunch will be provided.
- A silent auction will be conducted and door prizes will be given during lunch.
- Please notify Renee Conn if you find you cannot attend after registration so that others can be registered after maximum capacity is reached.

CEU INFORMATION

Approval of CEU credits is pending for all workshops through the Kentucky Board of Social Work, the Kentucky Board of Examiners of Psychology and the Licensed Professional Counseling Board. CEU credits for four workshops are available through NAADAC Approved Education Provider #86. Attendees must attend an entire workshop and complete a written evaluation to receive 1.5 CEUs per workshop. A total of 4.5 CEUs is available for attending three approved workshops.

Attention

- If you need accommodations or require enlarged print material, please email Renee Conn at renee.conn@mtcomp.org or call 606-886-4397 to make arrangements.

Session 1
9 am—10:30 am

**A—The Conversation is the Medicine:
Motivational Interviewing Skills,
Strategies and Spirit Part 1**

Presenter: Annie Fahy RN, LCSW

A simple definition for Motivational Interviewing is a directive client centered counseling method that elicits and resolves ambivalence so that the client develops their own argument and plan for change.
(NAADAC Approved)

Level: Beginner, Intermediate, Advanced

**B—Revisit What Works in Behavior
Management**

Presenters: Patricia Stewart-Hopkins, Ed. D, LPCC-S; Laura Weitkamp, MA; Nathan Luebke, MSW, CSW

Whether you are a veteran in the mental health field, you can probably describe the kids that make you want to beat your head against the wall. Don't feel bad, this is true for everyone here today. For many of us, the progress we make with kids who have ADHD/ODD is at best hit or miss.

(NAADAC Approved)

Level: Intermediate

**C—Domestic Violence Training for LPC's
3 Hour Training Per KRS 194A.540
Part 1**

Presenter: Chris Griffith, LPCC-S, BIP

This workshop meets the criteria for the state legislative mandate of KRS194A.540 and will meet the standards for the Kentucky Board of Licensed Professional Counselors

(NAADAC Approved)

Level: Intermediate

Session 2
10:45 am—12:15 pm

**A—The Conversation is the Medicine:
Motivational Interviewing Skills, Strategies
and Spirit Part 2**

Presenter: Annie Fahy RN, LCSW

A simple definition for Motivational Interviewing is a directive client centered counseling method that elicits and resolves ambivalence so that the client develops their own argument and plan for change.
(NAADAC Approved)

Level: Beginner, Intermediate, Advanced

**B—From Ativan to Zohydro: Everything You
Need to Know About Teen Drug Abuse**

Presenter: Daniel Greene M. Ed.

This session will focus on examining drug abuse in teens; from how they begin, to how they escalate, and when they could potentially end up. Teens today are faced with more drug situations than ever before. This session will examine warning signs of a drug abuse problem as well as treatment possibilities to help aid in the recovery process.

(NAADAC Approved)

Level: Beginner, Intermediate, Advanced

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(NAADAC Approved)

Level: Intermediate

Session 3
1:45 pm—3:15 pm

**A—The Conversation is the Medicine:
Motivational Interviewing Skills, Strategies
and Spirit Part 3**

Presenter: Annie Fahy RN, LCSW

A simple definition for Motivational Interviewing is a directive client centered counseling method that elicits and resolves ambivalence so that the client develops their own argument and plan for change.
(NAADAC Approved)

Level: Beginner, Intermediate, Advanced

**B—Secondary Traumatic Stress in the
Helping Profession**

Presenters: Lindsey Brown, MA, LPCC (KY) LPC (WVA) NCC, CCMHC

Individuals who work in the helping profession often hear stories that stick with them long after a client has been discharged. When clients' traumas keep us up at night, who do we turn to? This presentation will help those working in the field of counseling, social work, and advocacy distinguish between burnout and traumatic stress, identify secondary trauma in themselves, and offer supervisors information to help supervisees cope.

(NAADAC Approved)

Level: Intermediate

**C—Prevention: How Prevention can Empower
Resiliency**

Presenter: MaShawna Jacobs

This session will take a look at Alcohol, Tobacco, Other Drug and Suicide Prevention. It will look at prevention and discuss why it is important and take a closer look at adverse childhood experiences and how they increase the risk of substance use and abuse. It will look at prevention strategies that empower individuals to use the protective factors to assist in resiliency.

(NAADAC Approved)

Level: Beginner, Intermediate, Advanced

REGISTRATION FORM
(Registration is limited to first 300)

Name _____

Address _____

City _____ State _____ Zip _____

Telephone _____ E-Mail _____

I have the following needs:

Mobility Other _____

I Am Choosing These Workshops
(Check one per session)

Session 1 A B C

Session 2 A B C

Session 3 A B C

Please indicate type of CEUs you will be
applying for: _____

Limited Seating of 300.
Registration cut-off will be at
maximum capacity or no later than
March 31, 2018.

Registration is available online @
www.mtcomp.org

or

Mail completed registration form to:
Renee Conn
104 South Front Avenue
Prestonsburg, KY 41653
before March 31, 2018

Questions—Contact
Renee Conn @ 606-886-4397